



## ESSEX Inbound Student Rules and Conditions of Exchange

### Addendum to LongTerm Application - Section F: Rules and Conditions of Exchange

*As a Youth Exchange student sponsored by a Rotary club and/or district, you must agree to the following rules and conditions of exchange. Violation of any of these rules may result in dismissal from the program and immediate return home, at student's expense. Please note that districts may edit this document or insert additional rules if needed to account for local conditions.*

1. You may not reside with any relative during your exchange.
2. You may not be employed on either a full-time or part-time basis but may accept sporadic or intermittent employment such as babysitting or yard work.
3. You may participate in school sanctioned and sponsored extra-curricular activities, including athletics, if such participation is authorized by the local school district in which you are enrolled and authorized by the State authority responsible for determining athletic eligibility. However, athletic eligibility or participation is not guaranteed.
4. You must enroll and participate in a full course of study in your school.
  - a. Before your departure you must provide your host Rotary District with a complete record of your high school years (courses taken and grades achieved).
  - b. You must provide an English language summary of your academic course work.
  - c. You must inform your host district if you will have graduated before the program begins.
  - d. You must certify that you have not previously been an academic year or semester exchange student in your host country.
5. You **MUST** purchase CISI Bolduc Health Insurance – Plan B and Personal Liability coverage **PRIOR** to your arrival. Cost: 2009-2010 is \$585.00 USD.
6. You must show proof of proper immunization as required by your school district and State. The usual requirements are:
  - Hepatitis B (HEP-B NOT HIB) -- 3 properly spaced doses.
  - Diphtheria -- 4 or more properly spaced doses.
  - Tetanus -- 4 or more properly spaced doses. (Diphtheria and Tetanus are usually in a combined vaccine with Pertussis. The last immunization must be after age 4.)
  - Poliomyelitis -- 3 or more properly spaced doses.
  - Measles (rubeola) -- 2 properly spaced doses, the first at 12 months or older.
  - German measles (rubella) -- 1 dose at 12 months or older.
  - Mumps -- 1 dose at 12 months or older.
7. **MEDICAL:** If any medical issues occurs that would change any answer on the medical or dental form of the Long-Term Application, this change **MUST** be reported to your Hosting District Chair within 10 days of the occurrence.
8. You are not allowed to possess or use any drug or drug-related paraphernalia, including, but not limited to, pipes, bongs, clips, papers, or any other item of drug paraphernalia described in applicable state or federal law.
9. The purchase of tobacco products by anyone under age 18 is illegal and prohibited.

## ESSEX Program Guidelines

***Violations will result in a district review and restrictions. Severe/consistent disregard for these rules will result in being returned home.***

1. Telephone, e-mail, and chat room communication should not become excessive, or interfere in any way with your developing friends of your own here in the U.S. You are responsible for all charges you generate by such use.
2. **Travel arrangements --**
  - a. Discuss and agree upon a mutually convenient arrival date with your first host family. If your host Rotary District has an orientation program before the start of school, you must arrive in time to participate in that program.
  - b. You **MUST** purchase and arrive with a ROUND TRIP transportation ticket. If you don't arrive with a roundtrip ticket your exchange could be terminated within 10 days unless a roundtrip ticket is confirmed.
  - c. Make your travel plans directly to the airport of your final destination (in your host Rotary District).
  - d. You may not stop to visit friends or relatives in the USA or anywhere else in the world.
  - e. Your parents may not accompany you to the USA.
  - f. Let your host District Rotary Youth Exchange Chair and your host family know the date, time, airline, and flight number of your arrival. This information must be received at least two weeks before you leave your country, or there may not be anyone to meet you at the airport when you arrive.
3. Travel is permitted with host parents or for Rotary club or district functions authorized by the hosting Rotary club or district with proper adult chaperones. Other travel must be approved by the host district chair, host club, host family and student's own parents/legal guardians in writing exempting Rotary of responsibility and liability. Students may not travel alone or accompanied only by other students. This is a cultural exchange, not a travel exchange. You must follow these travel rules when traveling outside your host Rotary District. Under no circumstances may you make your own travel arrangements and expect your host family, your host Rotary Club, or your host Rotary District to agree.

APPROVED TRAVEL:   Travel with host parents  
                          Travel with host Rotary Club  
                          Travel with Rotarians  
                          Participation in host Rotary District, Multi-District, and ESSEX trips.  
                          Travel with recognized school classes or school groups  
                          Travel with recognized church or youth groups  
                          Travel with friends of host family age 25 and over.
4. You and your host family must always advise your host District Rotary Youth Exchange Chair of any travel outside of the District . *NOTE:*
  - a. *Signed permission forms will be required in advance for all District, Multi-District, and ESSEX trips. (These forms will be provided to you in the U.S. well in advance of any trip.)*
  - b. *For approved international travel (e.g. Canada), you must take along with you: (1) passport, (2) J-1 Visa (inside passport – it must list "multiple" NOT "single" entry), (3) I-94 Form (stapled inside passport), and (4) DS-2019 form re-endorsed within thirty days by a responsible officer of ESSEX. A Visa may also be required by the country you are visiting.*
5. You are expected to do your best to maintain a positive attitude throughout the exchange year, and act appropriately as an ambassador for Rotary and your country.
6. This is a school year program (generally late August to mid June). Unless you are involved in a Rotary-related trip, travel in the U.S. with your family, or other legitimate activity (as determined by your host

District Rotary Youth Exchange Chair) after school ends for the year, you will be expected to return home within fifteen days of the last day of school. Activities extending beyond this deadline will require advance approval by your host District Rotary Youth Exchange Chair, your host Rotary Club, and your host family.

7. An emergency fund of U.S. \$\_\_\_\_\_ is required by your host Rotary District under the control of the host Rotary District or host Rotary Club. Funds used during the year must be promptly replenished. This fund will be used for any insurance deductibles and co-pays for medical care, emergencies, and unpaid charges and expenses. Before your departure for home at the end of the year, you will need to pay any expenses, charges, and obligations that you have incurred to your host family or others. The balance will be returned to you.

*We have read and understand the above Rotary and Eastern States Student Exchange (ESSEX) Program Rules and Conditions of Exchange and Program Guidelines and will abide by these Rules & Conditions.*

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parents Signatures \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_